

CAMELOT SPA[®]

Your World Of Wellness



MASSAGE THERAPY

COUPLES TREATMENTS

Any treatments at Camelot San Lameer **can be done as couples treatments**. Please let the reception know when you are booking that you would like to be in the same room together.

Back, Neck and Shoulder Massage	30 min	R370
	45 min	R510
	60 min	R620

This massage helps relieve the tension in the neck, shoulders, upper and lower back.

Indian Head Massage	30 min	R370
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

Pressure Point Foot Massage	30 min	R370
	45 min	R510

Relax and balance the body through stimulation of pressure points situated on the feet.

Swedish Body Massage	60 min	R620
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Provides a sense of well being, eases tense muscles and induces relaxation.

Aromatherapy Massage	60 min	R680
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Promotes healing, well-being and relaxation using pure essential oils and light massage strokes.

Deep Tissue Massage	60 min	R680
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A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage	60 min	R680
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Spa Taster	60 min	R680
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30 min Back, Neck and Shoulder Massage
30 min Thalgo Illuminating Radiance Facial

Camelot Universal Signature Massage	60 min	R710
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A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

Dual Massage	60 min	R1000
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This massage is done by two therapists and is used to restore balance and harmony within the body; treating both on a physical and emotional level. Oils are applied using stroking movements to relax the body and mind. Then a short session in hot steam allows the oil to penetrate

Pregnancy Massage	60 min	R650
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Thai Massage	90 min	R900
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ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

Upgrade your 60min massage with an extra 30min	R270
Add Hot Stones to your massage	R 90
Add a Back Scrub	R 90

SKIN CARE THERAPY

CSPA AROMA WELLNESS

CSpa Aroma Facial	30 min	R360
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CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

CSpa Hydrating, Rebalancing or Anti-Ageing Facial	60 min	R600
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This multi-sensory, results driven skin treatment includes a luxurious facial massage and an Aroma serum (either Hydra-Boosting, Age-Defying or Oily/Combination Rebalancing) to suit your skins main concerns.

THALGO SKIN CARE

Thalgo Illuminating Radiance Facial	30 min	R470
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Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

Thalgo Spa Skin Facial	60 min	R640
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This classic facial is tailored to meet the specific needs of all skin types. Two treatment options (i.e. Source Marine or Cold Cream Marine Ritual).

Thalgo Deep Cleansing Facial	60 min	R640
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Specifically designed for combination to oily skin, this Puret  Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

Purity ThalgoMen Facial	45 min	R640
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Wake up and energise tired skin. Includes a full cleanse, scrub, energising digito-pressure massage and anti-fatigue mask resulting in clearer skin.

Thalgo Ocea Men's Treatment 60 min R870

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

Thalgo Micronized Marine Algae Facial 60 min R850

The Thalgo exclusive Thalassotherapy-inspired facial for oily/combination skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

Thalgo Source Marine Hydrating Facial 60 min R880

This facial corrects the hydration levels of the skin, deeply replenishing and restoring the skin's velvety-smooth feel and radiance. This treatment includes a revitalizing Infusion mask.

Thalgo Brightening Facial 60 min R1590

A brightening and rejuvenating treatment that lightens the skin and improves pigmentation. Skin will appear visibly younger with renewed radiance and an even tone skin.

Thalgo Anti-Age Hyaluronic Filler Facial 60 min R1680

Smooth and Fill: This treatment corrects deep lines, leaving the skin looking visibly younger.

THALGO EYE EXPERT TREATMENTS

Anti-Dark Circles & Puffiness Collagen Treatment R270

This ultra-relaxing treatment using the Collagen Eye Mask reduces puffiness and dark circles, gently smoothes wrinkles and fine lines. This treatment hydrates and smoothes the eye contour area.

Anti-Wrinkle Hyaluronic Eye Treatment R360

An express 2-in-1 treatment performed with the Hyaluronic Eye Patch Mask and Hyaluronic Filler which traces and fills the wrinkles. For a beautiful complexion and a radiant and instantly rejuvenated eye contour.

MEDI SPA
DR GOBAC COSMECEUTICALS

Dr. Gobac Anti-Ageing Facial 60 min R650

This facial uses a synergistic combination of bio-identical lipids, mild surfactants, known-effect botanicals, elastin and biologically advanced ingredients. The result is an immediate and long term improvement in skin texture, elasticity and tone, smoothed lines and wrinkles and a more youthful appearance

SPA BEAUTY TREATMENTS

The finishing touches for a healthy, well groomed, brand new you.

Tint Lashes	25 min	R130
Tint Brows	15 min	R 90
Tint Lash & Brow	30 min	R160
Spray Tan	30 min	R370
Spray Tan with Exfoliation	60 min	R520
Spray Tan Long Lasting Primer		R100

MANICURES & PEDICURES

MediHeel Add On	15 min	R100
Paraffin Wax	15 min	R110
Revarnish	15min	R200
On-The-Go Manicure	30 min	R270
On-The-Go Pedicure	30 min	R270
Deluxe Spa Manicure	60 min	R370
Deluxe Spa Pedicure	60 min	R400

Gel Polish Removal	30 min	R120
Gelish Removal (When applying new set)	30 min	R90
Nailcare & Gel Polish	45 min	R320
Gelish Manicure	60 min	R430
Gelish Pedicure	60 min	R480

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and nourishing paraffin wax application.

SPA BODY TREATMENTS

Salt Glow 30 min R300

This luxurious natural salt and coconut oil exfoliating body treatment improves the skins texture leaving it smooth and looking radiant.

BODY WRAPS

CSpa Hydrating or Detox Wrap 45 min R530

Choose between a relaxing or an invigorating aroma wellness body mud wrap. Hydrate with Neroli and Vanilla essential oils or detoxify with Peppermint and Rosemary essential oils.

Thalgo Marine Algae Detox Wrap 60 min R850

This "Thalassotherapy" body wrap helps achieve a fit body and general revitalisation. The body is prepared for a slimming treatment or ready to face everyday stress.

HumanKind Slimming Body Wrap 60 min R480

HYDROTHERAPY

CSpa Sensorial Shimmer Milk Hydrobath

30 min **R270**
per couple **R350**

This sensorial shimmer milk bath is rich in vitamins. It is regenerating, rejuvenating and remineralising. Leaves the skin dusted in a shimmering veil.

Thalgo Seaweed Detox Hydrobath

30 min **R580**
per couple **R630**

A Warm bath soak of Micronised Marine Algae helps to detox and re-mineralize the body, addressing overweight and cellulite conditions. Used as a slimming booster bath.

Rasul Self Application Treatment

30 min **R330**
4 people **R1200**

The Rasul treatment is a detoxifying cleansing ritual. This self-application of salt and mud detoxifies and rejuvenates the body leaving the skin satin smooth.

Floatation Therapy

30 min **R275**
per couple **R500**

The buoyancy of water and salt allows your body to float effortlessly as if in outer space or the Dead Sea. Escape into a state of complete relaxation and emerge with total wellness of mind, body and soul.

WAXING

We offer a complete range of waxing services. Please consult with your therapist to identify your specific needs and desired results.

Lip / Chin / Brow	15 min	R120
Underarms / Sides of Face	20 min	R170
Full Face	30 min	R280
Bikini / Half Arm	25 min	R180
Brazilian	40 min	R280
Hollywood	45 min	R320
Half Leg / Full Arm / Half Chest	30 min	R250
Full Leg	45 min	R370
Back / Chest Wax	45 min	R320

SPA EXPERIENCES

Thalgo Polynesia Spa Ritual

1hrs 30min **R1200**

The Polynesian Ritual takes you on a journey of relaxation filled with fragrances and colours from the pacific. This intoxicating body journey includes a scrub and an indulgent massage.

Polynesia Couples Treatment

1hrs 30min **R2230**
per couple

Polynesia Spa Ritual for two and a glass of bubbly.

Gents Executive Package

2hrs 30min **R1550**

60 min Deep Tissue / Hot Stone Body Massage
60 min Thalgo Ocea Men's Facial
30 min Foot Reflex / Indian Head Massage

Camelot Spa Personalised Journey

2hrs 30min **R1300**
3hrs 30min **R1750**

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend two or three and a half hours pampering your every need.

30 min:

Back, Neck and Shoulder Massage
Indian Head Massage
Pressure Point Foot Massage
Salt Glow Body Scrub
CSpa Hydrating Body Wrap
CSpa Detox Body Wrap
Hydrobath
Rasul Self Application Treatment
Floatation Therapy

60 min:

Swedish Body Massage
Aromatherapy Body Massage
Thalgo Spa Skin Facial
Spa Pedicure

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.

The Camelot Day Spa

5 hrs **R2950**

60 min CSpa Hydrating or Detox Body Wrap
60 min Camelot Universal Signature Massage
60 min Spa Manicure
60 min Spa Pedicure
60 min Thalgo Spa Skin Facial
Light Spa Lunch
Thalgo Amenity Pack

CSpa Body Journey **2 hrs** **R1150**
 30min Salt Glow
 30min Hydrating or Detoxing Body Wrap
 60min Swedish Body Massage

Rapid Detox Package **1hr 45min** **R950**
 45min Rasul Chamber Treatment
 60min Swedish Body Massage

Mother To Be Package **3 hrs** **R1350**
 60min Pregnancy Massage
 60min Deluxe Spa Manicure
 60min Deluxe Spa Pedicure

CELEBRATIONS

Camelot Spa-Ty (min. 4 people) **1hr 15min** **R800pp**
 30 min Floatation Therapy or Pressure Point Foot Massage
 15 min Indian Head Massage
 30 min Back, Neck and Shoulder Massage
 Spa Snacks

Bride To Be **4 hrs** **R1900pp**
 60 min Gelish Manicure
 60 min Gelish Pedicure
 60 min Thalgo Source Marine Hydrating Facial
 60 min Camelot Universal Signature Massage

Teen Spa-Ty **1hr 15min** **R700pp**
 15 min Foot Massage
 30 min Back, Neck and Shoulder Massage or CSpa Facial
 30 min Revarnish Hands & Feet
 Spa Snacks



CAMELOT KIDS

Funky Nails Hands and Feet	30 min	R290	Rasul Treatment with Mud	30 min 4 people	R330 pp R1000
Mini Mani	30 min	R270	Camelot Birthday Spa Party	1hr 15min	R730 pp
Mini Pedi	30 min	R270	30 mins Floatation Therapy or Pressure Point Foot Massage 15 mins Indian Head Massage 30 mins Back, Neck and Shoulder & Legs Massage Spa Snacks (Nuts and Juice)		
Mini Massage Back, Neck & Shoulders, Back of Legs and Arms - Add Hot Stones - Add Aroma Oils	30 min	R370 R80 R80	Camelot Princess Party	1hr 15min	R680 pp
Indian Head Massage and Foot Massage	30 min	R370	15 mins Foot Massage 30 mins CSpa Facial 30 mins Funky Nails Hands & Feet Spa Snacks (Nuts and Juice)		
Mini Facial	30 min	R360	Girls Day Out	60 min	R690 pp
Floatation Therapy (max 2 at a time)	30 min	R280	30 mins Back, Neck and Shoulder Massage 30 mins Thalgo Spa Skin Booster Facial		
Chocolate Wrap	30 min	R230			

WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our **complimentary Body Composition Analysis** options.

CANCELLATION POLICY

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

SPA ESSENTIALS

- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

CAMELOT SPA SAN LAMEER RESORT HOTEL & SPA

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