

# San Lameer

2020 / 2021

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### San Lameer Estate

R61. South Coast Road.



Radiate in the blissfulness of the relaxation that only time spent in the spa can give you.

Awaken to a renewed sense of health and wellness at Camelot Spa – Since 1997

### MASSAGE THERAPY

#### **FULL BODY MASSAGES**

Camelot Universal Signature Massage 60 min R800

90 min R1000

A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you

have left the spa.

Swedish Body Massage 60 min R690

69 min R990

Provides a sense of well being, eases tense muscles

and induces relaxation.

Aromatherapy Massage

60 min R760 90 min R1060 Promotes healing, well-being and relaxation using pure essential oils and light massage strokes.

Hot Stone Massage

60 min R760 90 min R1060

This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on

the body.

60 min R800 **Deep Tissue Massage** 

A deep pressure massage to relieve tension and

**Pregnancy Massage** 60 min R690

This relaxing massage experience is specifically tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind. this treatment is only offered to Moms beyond their

first trimester.

### OTHER MASSAGES

Back, Neck & Shoulder Massage

60 min R690

This massage helps relieve the tension in the neck,

45 min R570

shoulders, upper and lower back.

**Pressure Point Foot Massage** 

30 min R420 45 min R570 30 min R420

Relax and balance the body through stimulation of

**Indian Head Massage** 

30 min R420

A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply

relaxing massage combined with stimulating techniques, bringing about many beneficial results.

#### ENHANCE YOUR TREATMENT WITH THE FOLLOWING ADDITIONS:

Add CBD oil to your treatment

R130

Add Hot Stones to your massage

R100

Add a Back Scrub

R120

# SKIN CARE THERAPY

### **THALGO SKIN CARE**

Thalgo Anti-Age Hyaluronic Filler Facial 75 min R2030		Smooth and Fill: This treatment corrects deep line leaving the skin looking visibly younger.			
Thalgo Brightening Facial	60 min R1930	A brightening and rejuvenating treatment that lightens the skin and improves pigmentation. Skin will appear visibly younger with renewed radiance and an even tone skin.			
Thalgo Source Marine Hydrating Facia	60 min R950	This facial corrects the hydration levels of the skin deeply replenishing and restoring the skin's velvet smooth feel and radiance. This treatment includes a revitalizing Infusion mask.			
Thalgo Micronized Marine Algae Facial 60 min R1030		The facial for oily/combination skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified			
Thalgo Spa Skin Facial	60 min R780	This classic facial is tailored to meet the specific needs of all skin types. Two treatment options (i.e. Source Marine or Cold Cream Marine Ritual).			
Thalgo Deep Cleansing Facial	60 min R780	Specifically designed for combination to oily skin, this Pureté Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.			
Thalgo Illuminating Radiance Facial	30 min R580	Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.			
Thalgo Ocea Men's Treatment	60 min R1040	Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.			
Purity ThalgoMen Facial	45 min R735	Wake up and energise tired skin. Includes a full cleanse, scrub, energising digito-pressure massage and anti-fatigue mask resulting in clearer skin.			
THALGO EYE EXPERT TREATMENTS					
Anti-Wrinkle Hyaluronic Eye Treatment	30 min R440	An express 2-in-1 treatment performed with the Hyaluronic Eye Patch Mask and Hyaluronic Filler which traces and fills the wrinkles. For a beautiful complexion and a radiant and instantly rejuvenated eye contour.			

#### THERAVINE SKIN CARE

UtraVine Advanced Cellular Gold Facial 90 min R1050	Using breakthrough anti-oxidant technology, this antiageing concept along with the revolutionary soft 24k gold & diamond dust collagen film mask, promotes the skin's DNA repair system while luxuriously soft & delicately scented creams, serums & balms transport your skin to an advanced state of renewal.	
TheraVine Intensive Exfoliating Facial 60 min R800	A 70% Glycolic Acid skin renewal treatment for mature, sun damaged, wrinkled or break-out prone skins. Using a natural fruit acid to smooth & even skin tone.	
TheraVine Balancing Facial 60 min R690	A deep cleansing facial to gently remove surface impurities and restore balance to the skin.	
TheraVine Appetizer Facial 30 min R540	An express Vinetherapy facial boost experience customised to your skin concerns.	

# **MANICURES & PEDICURES**

Deluxe Spa Manicure	60 min R470
Deluxe Spa Pedicure	60 min R500
On-The-Go Manicure	30 min R330
On-The-Go Pedicure	30 min R330
Medi-Heel Peel Treatment Add On	20 min R140
Paraffin Wax Add On	15 min R140
Gel Polish Add On	30 min R200
Nailcare & Gel Polish	45 min R390
Gel Polish Removal	30 min R160
Gel Polish Removal (when applying a new set)	30 min R120
Other Removal	60 min R200

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include exfoliation, massage and nourishing paraffin wax application.

# SPA BEAUTY TREATMENTS

The finishing touches for a healthy, well groomed, brand new you.

 Tint Lash & Brow
 30 min R210

 Tint Lashes
 25 min R160

 Tint Brows
 15 min R130

## **WAXING**

We offer a complete range of waxing services.

Please consult with your therapist to identify your specific needs and desired results.

Lip OR Chin OR Brow	15 min R150
Underarms OR Sides of Face	20 min R200
Full Face	30 min R340
Half Leg OR Full Arm	30 min R300
Full Leg	45 min R450
Back OR Chest Wax	45 min R390
Bikini OR Half Arm	25 min R200
Brazilian	40 min R340
Hollywood	45 min R390

### SPA BODY TREATMENTS

Salt Glow 30 min R330 This luxurious fruit infused exfoliating

body treatment improves the skin's texture leaving it smooth and looking radiant.

**BODY WRAPS** 

Thalgo Marine Algae Detox Wrap This "Thalassotherapy" body wrap helps achieve 60 min R1100

a fit body and general revitalisation. The body is prepared for a slimming treatment or ready to face

everyday stress.

**HumanKind Slimming Body Wrap** 60 min R580 Assists the body to release toxins while

stimulating the metabolism.

The Baoba, Marula & Shea Butter body wrap **HumanKind Nourishing Wrap** 

Heals, moisturises and nourishes leaving

the skin soft and supple.

## HYDROTHERAPY

Floatation Therapy 30 min R320

60 min R450

per couple 30 min R550

per couple 60 min R690

**Rasul Self Application** Treatment

45 min R390 per couple R680

4 people R1250

The Rasul treatment is a detoxifying cleansing ritual. This self-application of salt and mud detoxifies and rejuvenates the body leaving the

The buoyancy of water and salt allows your body

to float effortlessly as if in outer space or the Dead

Sea. Escape into a state of complete relaxation and

emerge with total wellness of mind, body and soul.

skin satin smooth.

Sensational Shimmer Milk

Hvdrobath

30 min R330

per couple R440

This sensorial shimmer milk bath is rich in vitamins. It is regenerating, rejuvenating and remineralising. Leaves the skin dusted in a shimmering veil.

**Thalgo Seaweed Detox** 

Hydrobath

30 min R680 per couple R790

A Warm bath soak of Micronised Marine Algae helps to detox and re-mineralize the body. addressing overweight and cellulite conditions. Used as a slimming booster bath.



Funky Nails Hands and Feet	30 min	R330
Mini Mani	30 min	R290
Mini Pedi	30 min	R290
Mini Full Body Massage	30 min	R390
- Add Hot Stones		R90
- Add Aroma Oils		R80
Head Massage and Foot Massage	30 min	R390
Mini Facial	30 min	R390
Chocolate Wrap	30 min	R390

#### Petite Personalised Journey

Choose any three of the treatments below:

- 20min Back, Neck & Shoulder Massage
- 20min Booster Facial
- 20min Revarnish Hands and Feet
- 20min Hand Treatment

Girls Day Out

30 mins Back, Neck and Shoulder Massage 30 mins TheraVine Appetizer Facial

60 min R690

60 min R680

## SPA PACKAGED EXPERIENCES

#### **Camelot Spa Personalised Journey**

2hrs 30min R1520 3 hrs 30min R2100 Tailor-make a Wellness Journey specially fro you. Choose from any of the treatments below and spend your desired amount of time pampering your every need.

#### 30 min options:

- Back, Neck & Shoulder Massage
- Indian Head Massage
- Pressure Point Foot Massage
- Salt Glow Body Scrub
- NourishingBody Wrap
- Express Manicure
- Express Pedicure

#### 60 min options:

- Swedish Body Massage
- Aromatherapy Body Massage
- Thalgo Spa Skin Facial
- Deluxe Spa Pedicure

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.

Gents Executive Package

2hrs 30min R1990

60 min Deep Tissue / Hot Stone Body Massage

60 min Thalgo Ocea Men's Facial

30 min Pressure Point Foot or Indian Head Massage

Rapid Detox Package

1hr 45 min R1050

45 min Rasul Chamber Treatment 60 min Swedish Full Body Massage

Mother To Be Package

2hrs 30min R1360

60min Pregnancy Massage 30min On-The-Go Manicure

60min Deluxe spa Pedicure

Spa Appetizer

60 min R760

30 min Back, Neck & Shoulder Massage 30 min TheraVine Appetizer Facial

### CANCELLATION POLICY

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% Of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

### SPA ESSENTIALS

- Booking in advance is recommended.
- In a spirit of mutual respect we kindly request punctuality.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form.
- $\ensuremath{\mathbb{I}}$  Gratuities are not included in the treatment price.

It is at your discretion to add a gratuity for treatment excellence.

- Please alert your therapist for the following contra-indications
  - High blood pressure or heart conditions
  - Recent surgery Muscle or joint injuries
  - Allergy to iodine, or product allergies
  - Pregnancy, Epilepsy or Diabetes
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices include VAT and are subject to change without notice.
- The Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.
- The Spa does not provide a child minding service.

## **CONTACT US**

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