



CAMELOT SPA

Your World Of Wellness



2016 EDITION

CAMELOT SPA

Your World Of Wellness

WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our complimentary Body Composition Analysis options.

SPA WELLNESS MEMBERSHIPS

Join Camelot Wellness today. Invest in yourself, feel better and stay well. Contact any of our spas for membership options.

MASSAGE THERAPY

COUPLES TREATMENTS

Any treatments at Camelot San Lameer can be done as couples treatments. Please let the reception know when you are booking that you would like to be in the same room together.

Camelot Universal Signature Massage 60 min R680

A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

Ayurveda Massage 60 min R950

This Ayurvedic style massage is done by two therapists and is used in traditional Hindu medicine to restore balance and harmony within the body; treating both on a physical and emotional level. Oils are applied using stroking movements to relax the body and mind. Then a short session in hot steam allows the oils to penetrate.

Thai Massage 90 min R900

An authentic healing art that involves stretching, mobilisations and deep massage. The combination of energetic and physical aspects is what makes Thai massage unique and effective. Please wear a T-Shirt and tracksuit pants for comfort.

Swedish Body Massage 60 min R590

Provides a sense of well being, eases tense muscles and induces relaxation.

Aromatherapy Massage 60 min R650

Aromatherapy combines the use of pure natural essential oils with healing, soft therapeutic strokes.

Deep Tissue Massage 60 min R650

A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage 60 min R650

This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Pregnancy Massage 60 min R650

Back, Neck and Shoulder Massage 30 min R350 45 min R480 60 min R590

This massage helps relieve the tension in the neck, shoulders, upper and lower back.

Indian Head Massage 30 min R350

A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

Pressure Point Foot Massage 30 min R350 45 min R480

Relax and balance the body through stimulation of pressure points situated on the feet.

Spa Taster 60 min R650

30 mins Back, Neck and Shoulder Massage
30 mins Thalgo Radiance Facial

ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

Upgrade your 60min massage with an extra 30min R250

Add Hot Stones to your massage R 80

Add a Back Scrub R 70

SKIN CARE THERAPY

THALGO SKIN CARE

Thalgo Hyaluronic Filler Facial 60 min R1600

This unique zone to zone anti-ageing treatment uses Marine Hyaluronic acid molecules for a plumping, wrinkle-filling effect. These new generation patented extracts act in bio-affinity with the skin for controlled youthfulness and astounding results.

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Thalgo Brightening Facial 60 min R1500

This treatment lightens the complexion and reduces pigmentation marks. The skin appears visibly younger.

Thalgo Source Marine Hydrating Facial 60 min R850

Suitable for any skin type, this facial featuring the Absolute Hydration range with marine ingredient Seve Marine, will combat signs of dehydration leaving the skin softer with improved skin texture.

Thalgo Micronized Marine Algae Facial 60 min R800

An intensive treatment for oily/combo skin. Deep cleansing and purifying. Promotes clearer skin, with a tighter skin surface and less visible pores.

Thalgo Ocea Men's Treatment 60 min R820

A detoxifying, revitalizing skin treatment for male skins. Instantaneous, visible results in reducing fine lines and improving hydration levels.

Purity ThalgoMen Facial 45 min R600

Anti-Fatigue and energizing facial, specifically for men.

Thalgo Deep Cleansing Facial 60 min R600

Thalgo Invigorating Facial 60 min R600

A revitalizing skin treatment for all skin types, designed to suit your skin's specific needs.

Thalgo Radiance Facial 30 min R440

THALGO EYE EXPERT TREATMENTS

Anti-Dark Circles & Puffiness Collagen Treatment R250

Anti-Wrinkle Hyaluronic Eye Treatment R340

CSPA AROMA WELLNESS

Based on Aromatherapy, CSpa Aroma Wellness provides multi-sensory, results-driven treatments tailored to your needs.

CSpa Hydrating, Rebalancing or Anti-Ageing Facial 60 min R580

CSpa Aroma Facial 30 min R340

CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns. This facial excludes a massage.

CSPA AROMA WELLNESS

Add a nourishing hair wellness service to your spa treatment.

CSpa Hair Wellness Mask R145

MEDI SPA

AESTHET BY ESSEL

Aesthet XPert peel is an advanced peel based on a unique blend of salicylic, glycolic, lactic and azelaic acids resulting in smoother, firmer and fresher looking skin. Effectively works on numerous skin conditions including photo-damage, acne scarring and pigmentation.

Aesthet XPert Peel 30 min R450

Package of 6 XPert Peels R2200

DR GOBAC COSMECEUTICALS

Dr. Gobac Anti-Ageing Facial 60 min R650

This facial uses a synergistic combination of bio-identical lipids, mild surfactants, known-effect botanicals, elastin and biologically advanced ingredients. The result is an immediate and long term improvement in skin texture, elasticity and tone, smoothed lines and wrinkles and a more youthful appearance.

SPA BEAUTY TREATMENTS

The finishing touches for a healthy, well groomed, brand new you.

Tint Lashes 25 min R120

Tint Brows 15 min R 90

Tint Lash & Brow 30 min R150

Spray Tan 30 min R350

Spray Tan with Exfoliation 60 min R495

Spray Tan Long Lasting Primer R 80

MANICURES & PEDICURES

MediHeel Add On 15 min R 95

Paraffin Wax 15 min R100

Revarnish 15min R180

On-The-Go Manicure 30 min R250

On-The-Go Pedicure 30 min R250

Deluxe Spa Manicure 60 min R350

Deluxe Spa Pedicure 60 min R380

Gelish Removal (When Applying New Set)* 20 min R 80

Gelish Removal 30 min R120

Nailcare & Gelish 45 min R300

Soak Off (Other) 45 min R120

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Gelish Manicure	60 min	R400
Gelish Pedicure	60 min	R450

*Only applicable when applying new Gelish.

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care, and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and nourishing paraffin wax application.

SPA BODY TREATMENTS

Salt Glow	30 min	R280
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A mineral salt body exfoliation, which leaves the skin smooth and radiant.

BODY WRAPS & SLIMMING

CSpa Hydrating or Detox Wrap	45 min	R500
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This enchanting cocoon which includes an exfoliation helps you unwind, restore balance and comfort in the body. Hydrate with neroli and vanilla essential oils or detoxify with peppermint and rosemary essential oils.

Thalgo Marine Algae Detox Wrap	60 min	R800
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A deeply relaxing body treatment, providing intensive remineralisation and detoxification. Ideal for skin conditions such as psoriasis, eczema, plus relieves muscular aches and strains.

HumanKind Slimming Body Wrap	60 min	R450
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This body wrap contains ginger root extract giving a natural warming effect on the skin. A Synergic blend of 9 essential oils assist in detoxifying the skin, stimulating lymph drainage and helps with body contouring. A combination of ginger and arnica extracts help to increase micro-circulation and detoxify the skin.

Perfect Sculpt Slimming Massage	30 min	R480
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Session after session, the figure looks visibly reshaped and re-sculpted. Body contours appear significantly redefined and dimpled skin is smoothed.

FAT BURNING

Lipolysis Fat Burner		R550
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Package of 6 Lipolysis Fat Burner Sessions		R2940
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HYDROTHERAPY

CSpa Sensorial Shimmer Milk Hydrobath	30 min	R250
	per couple	R330

This sensorial shimmer milk bath is rich in vitamins. It is regenerating, rejuvenating and remineralising. The body indulges in pure pleasure and the skin is dusted in a shimmering veil.

Thalgo Seaweed Detox Hydrobath	30 min	R450
	per couple	R500

Seaweed for mineral depletion as experienced by athletes or those suffering from stress. It detoxifies, balances and recharges the system.

Rasul Self Application Treatment	30 min	R330
	4 people	R1200

The Rasul treatment is a detoxifying cleansing ritual. This self application of salt and mud detoxifies and rejuvenates the body.

Floatation Therapy	30 min	R280
	2 people	R500

The buoyancy of water and salt allows your body to float effortlessly as if in outer space or the Dead Sea. Escape into a state of complete relaxation and emerge with total wellness of mind, body and soul.

WAXING

We offer a complete range of waxing services.

Please consult with your therapist to identify your specific needs and desired results.

Lip OR Chin OR Brow	15 min	R110
Underarms OR Sides of Face	20 min	R160
Bikini OR Half Arm	25 min	R170
Brazilian	40 min	R260
Hollywood**	45 min	R300
Half Leg OR Full Arm OR Half Chest	30 min	R230
Full Leg	45 min	R350
Back & Chest Wax	45 min	R300

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SPA EXPERIENCES

Thalgo Polynesia Spa Ritual **1hrs 30min R1100**

Experience Polynesia, the exotic sensorial spa ritual inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with an azure bath to protect and hydrate the skin. Next, the Exotic Island Body Scrub, a gentle vanilla-scented full body scrub blended with pure white sand from Bora Bora, sea salt, coconut shell and algo-monoï. The Mahana Massage incorporates a rhythmic Lomi-Lomi massage using warm sand pouches to loosen muscles and nourish the skin. Finally, Polynesian Sacred Oil is swept over the skin; its subtle golden pearls leave a sun-kissed glow and a delicate scent of flowers and monoï.

Polynesia Couples Treatment **1hrs 30min R2100 per couple**

Polynesia Spa Ritual for two and a glass of bubbly.

Gents Executive Package **2hrs 30min R1450**

60 mins Deep Tissue / Hot Stone Body Massage
60 mins Thalgo Ocea Men's Facial
30 mins Foot Reflex / Indian Head Massage

The Camelot Day Spa **5 hrs R2800**

60 mins CSpa Hydrating or Detox Body Wrap
60 mins Camelot Universal Signature Massage
60 mins Spa Manicure
60 mins Spa Pedicure
60 mins Thalgo Invigorating Facial
Light Spa Lunch
Thalgo Amenity Pack

Camelot Spa Personalised Journey **2hrs 30min R1150 3hrs 30min R1600**

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend two or three and a half hours pampering your every need.

30 mins: Back, Neck and Shoulder Massage
Indian Head Massage
Pressure Point Foot Massage
Salt Glow Body Scrub
CSpa Hydrating Body Wrap
CSpa Detox Body Wrap
Floatation Therapy
Hydrobath
Rasul Self Application Treatment

60 mins: Swedish Body Massage
Aromatherapy Body Massage
Thalgo Invigorating Facial
Spa Pedicure

Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.

CELEBRATIONS

Camelot Spa-Ty (min. 4 people) **1hr 15min R700pp**

30 mins Floatation Therapy or Pressure Point Foot Massage
15 mins Indian Head Massage
30 mins Back, Neck and Shoulder Massage
Spa Snacks

Bride To Be **4 hrs R1800pp**

Gelish Manicure
Gelish Pedicure
60 mins Thalgo Source Marine Hydrating Facial
60 mins Camelot Universal Signature Massage

Teen Spa-Ty **1hr 15min R650pp**

15 mins Foot Massage
30 mins Back, Neck and Shoulder Massage or CSpa Facial
30 mins Revarnish Hands & Feet
Spa Snacks

CSpa Body Journey **2 hrs R1100pp**

30 mins Salt Scrub
30 mins Hydrating or Detox Body Wrap
60 mins Swedish Body Massage

Rapid Detox Package **1hr 45min R900pp**

45 mins Rasul Chamber Treatment
60 mins Swedish full Body Massage

Mother To Be **3 hrs R1300pp**

Pregnancy Massage
Deluxe Manicure & Deluxe Pedicure

TREATMENTS

Funky Nails Hands and Feet	30 min	R270
Mini Mani	30 min	R230
Mini Pedi	30 min	R230
Mini Massage Back, Neck & Shoulders, Back of Legs and Arms - Add Hot Stones - Add Aroma Oils	30 min	R350 R80 R80
Indian Head Massage and Foot Massage	30 min	R350
Mini Facial	30 min	R300
Floatation Therapy (max 2 at a time)	30 min	R280
Chocolate Wrap	30 min	R220
Rasul Treatment with Mud	30 min 4 people	R330 pp R1000
Beauty DIY Class*	60 min	R570

*Available during peak season only, minimum 4 kids

PACKAGES (MIN 4 KIDS)

Camelot Birthday Spa Party 30 mins Floatation Therapy or Pressure Point Foot Massage 15 mins Indian Head Massage 30 mins Back, Neck and Shoulder & Legs Massage Spa Snacks (Nuts and Juice)	1hr 15min	R650 pp
Camelot Princess Party 15 mins Foot Massage 30 mins CSpa Facial 30 mins Funky Nails Hands & Feet Spa Snacks (Nuts and Juice)	1hr 15min	R680 pp
Girls Day Out 30 mins Back, Neck and Shoulder Massage 30 mins Thalgo Spa Skin Booster Facial	60 min	R700 pp
Extra's Balloons, snacks, cake, drinks (charged as per hotel prices)		

CANCELLATION POLICY

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

SPA ESSENTIALS

- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy or Diabetes
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.